What is claimed is:

- 1. A self-repair process for repairing an insulation material, comprising
- a) applying a plurality of microcapsules to the insulation material, said plurality of microcapsules including a first reactant and a second reactant;
- b) rupturing said plurality of microcapsules such that said first reactant and said second reactant react to form a replacement polymer.
- 2. The self-repair process of claim 1, whereby said first reactant or said second reactant is selected from the group comprising a monomer, a catalyst, a reactant of a condensation polymer, a fusible polymer and a chemical heater.
- 3. The self-repair process of claim 2, whereby said first reactant and said second reactant are a reactant of a condensation polymer.
- 4. The self-repair process of claim 3, whereby said first reactant is a dianhydride and said second reactant is a diamine.
- 5. The self-repair process of claim 2, whereby said first reactant is a fusible polymer and said second reactant is a chemical heater.
 - 6. The self-repair process of claim 5, whereby said fusible polymer is a polyfluorocarbon.

- 7. The self-repair process of claim 1, whereby said first reactant and said second reactant are disposed within a single microcapsule.
- 8. The self-repair process of claim 7, whereby said first reactant and said second reactant are separated by a polymer shell.
- 9. The self-repairing process of claim 8, whereby said single microcapsule comprises a reactant core including said first reactant and a reactant shell including said second reactant, said reactant shell surrounding said reactant core.
- 10. The self-repairing process of claim 1, whereby each of said plurality of microcapsules has a size of 5 -500 μm .
- 11. The self-repair process of claim 1, whereby said replacement polymer is formed in a break in said insulation material.
- 12. A self-healing system comprising, a repair material including a plurality of microcapsules, said plurality of microcapsules including a first reactant and a second reactant that react to form a replacement polymer upon rupturing of said plurality of microcapsules.
- 13. The self-healing system of claim 12, whereby said repair material is an insulation material.

- 14. The self-healing system of claim 12, whereby said repair material is a strip of material.
 - 15. The self-healing system of claim 14, whereby said strip of material is a plastic strip.
- 16. The self-healing system of claim 12, whereby said first reactant and said second reactant are disposed within a single microcapsule.
- 17. The self-healing system of claim 16, whereby said first reactant and said second reactant are separated by a polymer shell.
- 18. The self-healing system of claim 17, whereby said single microcapsule comprises a reactant core including said first reactant and a reactant shell including said second reactant, said reactant shell surrounding said reactant core.
- 19. The self-healing system of claim 12, whereby said first reactant is a dianhydride and said second reactant is a diamine.
- 20. The self-healing system of claim 12, whereby said first reactant is a polyfluorocarbon and said second reactant is a chemical heater.

21. The self-healing system of claim 12, whereby said first reactant or said second reactant is selected from the groups comprising a monomer, a catalyst, a reactant of a condensation polymer, a fusible polymer and a chemical heater.